

PCAN 3-DAY SUMMER ENCOUNTER AT HOLY ROOD HOUSE, THIRSK 4pm FRIDAY 24TH-4pm MONDAY 27TH JUNE 2022

PCAN's summer encounter group has been booked again, at Holy Rood House, which is a therapeutic centre in Sowerby, Thirsk (not far from the town centre and close to the A1; railway station about a mile away). Note that this is a **3-day encounter**, making a long weekend, and easing travel home for those using public transport. We are always made very welcome at Holy Rood House, which has become an established venue for PCAN. The atmosphere is nurturing and relaxed, the staff very willing to accommodate our needs (including special diets). The varied gardens provide additional sanctuary. Across the road there is a nature reserve with walks into the town and along the banks of a stream - we enjoyed the antics of soaring sand martins nesting in the banks of the stream. More information on the Holy Rood House website: www.holyroodhouse.org.uk

Delegate prices for the encounter (full board) are: £375 (ensuite); £350 (Standard room) early bird price is £345 (ensuite); £320 (Standard room) until 31st May; deposit to secure a place £60. Day delegate price: (incl. lunch and dinner) £70. If you want to stay over before and/or after the weekend, extra night/s B&B can be booked direct with Holy Rood House. Two 50% bursaries are available, on application.

Application forms from the PCAN website, PCAN Facebook page, or <u>saracallen@hotmail.com</u>; tel. 020 8926 8437 Additional information – visit PCAN website: <u>www.pcan.info</u>